



Visiting Christian Science Nurse Service

for Michigan

Business Telephone (734) 459-5850

csvnsm@gmail.com
www.csvnsm.org

P.O. Box 702072
Plymouth, MI 48170-9998

November 2015

Gratitude

As we compile our Fall Newsletter, our gratitude to each of you who contributes to this Service in any way, is tucked quietly in each paragraph. Contributions from you continue to bless your fellow man each time this Visiting Christian Science Nurse Service is called upon to provide the tender nursing care it brings. Our deepest gratitude also includes The Clearway and Isabel Foundations as well as the Legacy Fund for their kind contributions. Mary Baker Eddy, through her deep spiritual insights, knew the importance of meeting the human need from the highest spiritual perspective possible. She included in The Manual of The Mother Church the activity of Christian Science nursing. Your support of the Manual by contributing to this activity promotes its demonstration. We thank you!

Preparations

Christian Scientists might want to legally make known they would prefer not to have medical intervention in certain situations. In our last newsletter we shared this important information -- and we include it again, because of its importance.

There is a booklet available from the Michigan Legislature that can give you more information regarding how to make your choices known. The booklet is called "Peace of Mind". You can download the booklet from the following link:

<http://www.legislature.mi.gov/Publications/PeaceofMind.pdf>

The booklet defines concepts like, "advance directives, patient advocate, and power of attorney" as well as providing sample forms for preplanned health care. Working with an attorney to address your wishes in these areas is advisable.

Church Visits

We welcome and encourage branch churches to get acquainted with what Visiting Christian Science Nurse Service - Michigan (VCSNS-M) provides. One way is through scheduling a meeting (734-459-5850) with a VCSNS-M Christian Science nurse and VCSNS-M Board member. Over the past several years we've visited many of you! We can arrange to meet with your church -- before or after a business meeting, in a private home, or any other appropriate time and place. We are even happy to arrange a visit via Skype (an Internet video calling service) if that best meets your needs.

continued on next page

Discussion topics center on our purpose, goals, current news, and fruitage as well as answering your questions. In addition to learning how our organization is serving the Field in Michigan, you also learn how you can contribute to this work. Your prayerful thought will unfold just the right way for us to conveniently get together. We look forward to serving you and having an inspiring visit.

Mother Infant Workshop

Our Mother Infant Workshop was a Bundle of Joy! Individuals and families planning for or expecting a child and those supporting new parents and infants, attended our four-hour Mother and Infant Care Workshop at First Church of Christ, Scientist, Traverse City on June 13. Susan Tish, CS from Plymouth, laid a beautiful foundation for our meeting focusing on the spiritual preparation for childbirth.

Penny Swank, the Director of Christian Science nursing at Peace Haven, in St. Louis, MO, conducted the workshop with loving care, sharing many practical and inspiring examples from her own experience. Kathi Mulder explained how she became a certified local professional midwife, the options having a midwife affords, and what her role entails. Gratitude was expressed afterward for Penny's presentation and the handouts given, including the Christian Science Publishing Society booklet entitled: Pregnancy and Childbirth. There was interest voiced for having another workshop in the Detroit area in the future. If you would be interested in a future workshop please call our CS nurse and share your thoughts.

Fruitage from An Attendee of the Mother Infant Workshop

I am so grateful for the Visiting Christian Science Nurse Service's provision of providing Mother/Infant care for when my husband and I wanted to have our baby at home. When the special day came for the delivery, the Christian Science nurse made sure my surroundings were comfortable, that I was well nourished, and that I knew divine Love was ever-present! It was wonderful to feel that spiritual encouragement and to be shown such tender, loving care during the delivery. The midwife too appreciated having the support of the CS nurse and her unselfish giving to all involved. After the delivery of our son, the CS nurse helped with the personal care and bathing of both of us! What a bonding time that was for my son and me in that bathtub full of warmth, deep affection and peace! Having a child at home was such a blessing, being in that atmosphere of confidence, fearlessness, strength, unselfishness, love, and perfection. I am so grateful to God for this beautiful experience and the love of the CS nurse that was shown so affectionately to our family!

Christian Science Nursing as a Career: Workshop for Sunday Schools

Jeanne Troutman, our head Christian Science nurse, came to talk with the Plymouth Sunday School students in September about what a CS nurse does. We had a great turnout and the students learned about Christian Science nursing as a career and learned ways to use Christian Science nursing everyday. For example, the students broke into small groups and discussed ways they could pray for and offer assistance to a friend

who had fallen off a bike. The students were given quotes from the Bible and Science and Health with Key to the Scriptures by Mary Baker Eddy. They were asked to tell how they would pray with the quotes for this hypothetical incident with their friend. One student shared they would pray with the idea that since God is Love and only knows good that nothing could be wrong with their friend. The students got to see some of the practical patient care items the Christian Science nurses use. They learned about everything including brushing a patient's teeth, seeing what kinds of bandages are used, bathing care, and much more. The students asked great practical and metaphysical questions. It was a wonderful opportunity for the students to learn more about Christian Science nursing.

Fruitage from a Patient

I witnessed CS nursing care over the years -- at one time my father was ill, needing constant round-the-clock care. A nurse came to stay with us. She stayed several months and I recall how well she fit into our family and gave loving care to him AND my mother.

During the recent months that I have been visited, the CS nurse has read the CS Bible Lesson with me and we have had inspired discussions. I have MUCH gratitude for the CS nurses' ready availability. Knowing this was and is a great comfort to me and my family.

Home Helper Fruitage

Thank you for coming to our church to present the home helper workshop. The workshop was both inspiring and practical. The metaphysical ideas presented with each section served to turn thought away from the limiting physical scene and turn to God. The home-helper binder we received was well organized and will be a good reference for future use. Anyone that wants to be a prayer-based home helper should take this workshop! Thanks for your labor supported by Love.

Attention Readers and Clerks!

SUGGESTED ANNOUNCEMENT FROM THE DESK to be read once a month:

The Visiting Christian Science Nurse Service for Michigan has CS nurses available to take your call 24/7. You can find out more information about Visiting Christian Science Nurses in Michigan at csvnsm.org or call 517-582-0575.

P.O. Box 702072 • Plymouth, MI 48170-9998

Return Service Requested

Non-profit Org.
U.S. POSTAGE
PAID
Plymouth, MI
Permit No. 187

Mission Statement

The Mission of the VCSNS-M is to provide to patients, under the guidance of divine Love, the proper practical services necessary to support healing as demonstrated through the teachings of Christian Science.

Board of Trustees

Richard Arlen
Petoskey

Carol Nelden, C.S., President/Secretary
Central Lake

Steve Rea, Vice President/Treasurer
Plymouth

Kate Dearborn, C.S.
Saugatuck

Maegan West, C.S.
Plymouth

Natalie Wright
Farmington Hills

Business Office

Toni Nayback, Administrative Assistant
Office Phone: 734-459-5850

Email: cvsnm@gmail.com
Website: www.cvsnm.org

Address: P.O. Box 702072
Plymouth, MI 48170

Christian Science Nurses:

Jeanne Troutman

Cheryl Young

517-582-0575

The VCSNS-M is a not-for-profit, tax-exempt 501(c)(3) organization.



Visiting Christian Science Nurse Service for Michigan

Business Telephone (734) 459-5850

csvnsm@gmail.com
www.csvnsm.org

P.O. Box 702072
Plymouth, MI 48170-9998

Winter 2015

2015 Theme

"Cast all your care upon him for he careth for you." I Peter 5:7. This beautiful acknowledgement from Peter of God's loving care for every one of His beloved children undergirds the work of your Visiting Christian Science Nurse Service here in Michigan. Your calling upon this healing ministry and every healing experienced evidences the Kingdom of Heaven on earth, "divinity embracing humanity in Life and its demonstration." S&H 561:16-20. Aren't we all blessed!

This year we are pleased to tell you that we have met requirements and have received accreditation by the Commission for Accreditation of Christian Science Nursing Organizations/Facilities, Inc. Our listing in the Christian Science Journal will appear soon. This is a step in our progressive move to serve you, as you will find us easier to call should a need arise and have the confidence to know we operate in a confidential, effective, and efficient manner.

We gave a fond farewell to Jane Claypool, CSN, whose diligent nursing service last year was appreciated by every patient she served. Mrs. Cheryl Young, CSN, from Boyne City joined our team as a part-time nurse in January of this year. Cheryl trained at The Christian Science Benevolent Association in Boston and we welcome her warmly. We are grateful to have the continued faithful and loving service of our full-time nurse, Jeanne Troutman, CSN, from East Lansing.

We have one new Board member who recently joined us. Dick Arlen, of Petoskey, graciously accepted the invitation and brings a strong financial background. He will attend our monthly Board meeting from Florida via cell phone during these winter months. We are looking for one more member. If this could be you, please know we will accept your out-of-town attendance also. We meet the 3rd Saturday of each month in Plymouth at 10:00 a.m.

We still make visits to individual churches upon request to share more of what we are about and how we can and are serving Christian Scientists in Michigan. Is this of interest to you? Contact Toni Nayback, Administrative Assistant, at 734-459-5850, or Carol Nelden, Board member, at 231-313-8067, to schedule a date. It will be a pleasure to fill your request.

Mother & Infant Care Workshop

"The new idea, conceived and born of Truth and Love, is clad in white garments. Its beginning will be meek, its growth sturdy, and its maturity undecaying. When this new birth takes place, the Christian Science infant is born of the Spirit, born of God, and can cause the mother no more suffering. By this we know that Truth is here and has fulfilled its perfect work." Science and Health pg. 463:14-20

The Visiting Christian Science Nurse Service for Michigan is partnering with Peace Haven's MOTHER & INFANT CARE Service in a workshop focused on:

Spiritual Preparation for Childbirth and Practical Steps in Caring for an Infant

JUNE 13, 2015 from 10:00 am – 3:00 pm
First Church of Christ, Scientist 330 Sixth Street, Traverse City, MI 49684

Families planning for or expecting a child, and those supporting new parents and infants, are welcome to attend this daylong event.

continued on next page

Penny Swank, Director of Christian Science Nursing at Peace Haven, St Louis, MO, will facilitate the workshop and discuss the role of the Christian Science nurse on home or hospital births. Susan Tish, C.S., will share ideas on metaphysical preparation for childbirth.

Kathi Mulder, C.P.M., a homebirth midwife, will discuss homebirth and legal requirements in Michigan.

The Workshop will also include:

- An overview of birth place options in Michigan
- How to write and what to include in a birth plan
- Questions to ask when interviewing birth attendants
- Caring for the newborn

To **RSVP** before the **MAY 1, 2015** deadline or if you have further questions, please contact Jeanne Troutman or Cheryl Young at (517) 582-0575.

We look forward to seeing you there!

Home Helper Workshops Fruitage

"Hooray for Home Helper Workshop----what an expanded sense of caring for others!" (this from two recent attendees)

You'll be jumping for joy, too, when you come for this one-day workshop focused on the metaphysical and ethical way to care for family or church members or other Christian Scientists needing temporary help. During the class, specific instruction is given (and notebooks provided) in techniques of moving and transferring, special food preparations, some aspects of personal care, and assisting with mobility aids like wheelchairs and walkers.

The October, 2014 workshop "sprang forth" when three members from the C.S. Farmington church were interested in the workshop after hearing of it at an information meeting (also provided by the VCSNS-M.) Others signed up and a grand total of THIRTEEN folks from eight different Branch churches attended. What a day full of inspiration and sharing! As one of the students puts it: "...the spiritual viewpoint gives one the patience, poise, love, joy, and dominion needed. This spiritual health care-giving is the human and divine coincidence."

We haven't established a firm date for the next class, but if you are interested in taking the workshop, or want more information about it (or would like to enroll in it as a "refresher class" because you had it some years ago), please call Jeanne or Cheryl at 517-582-0575.

Preparations

Christian Scientists might want to legally make known they would prefer not to have medical intervention in certain situations.

There is a booklet available from the Michigan Legislature that can give you more information. The booklet is called "Peace of Mind". You can download the booklet from the following link:

<http://www.legislature.mi.gov/Publications/PeaceofMind.pdf>

The booklet defines concepts like, "advance directives, patient advocate, and power of attorney" as well as providing sample forms for preplanned health care. This is just an introduction to the subject and working with an attorney is advisable.

Fruitage From A Patient Of The VCSNS-M

I am so grateful for the Christian Science nursing support the VCSNS-M provided to me during the challenge I faced before Christmas this past year.

I knew early that I should not be alone. A friend agreed to stay with me through the night. In the morning, I lost consciousness, the CS nurse arrived shortly after. Although I do not recall everything that was happening, I was aware of the loving care that was surrounding me. My friend was able to leave to spend time with family for Christmas knowing I was in good hands. As the day progressed, I felt the healing taking place. I was able to raise myself for the purpose of listening to hymns being read to me and other helpful writings. Meals were prepared for me and by the afternoon I was able to sit at the table to eat. Later I was able to bathe myself.

Through the first evening and through the day, calls were being made to the Christian Science practitioner who was working with us.

The support of the Christian Science nurse and practitioner were made manifest in the very rapid healing I experienced. By the next day I was able to care for myself. My daughter had spent the next night with me and was able to return to her family for the holiday. I am so very grateful.

Principle Foundation Workshop

A big thank you to the Principle Foundation for their inspiring 'We would enter by the door' workshop on March 2 in Kansas City, Missouri. Some of our Board members were privileged to attend. We expect to see many results from this dynamic meeting.

Donations

To our Michigan Christian Science Field:

Thank you for your recent donations! In response to our Fall Newsletter asking for funds to support our immediate operations, we received donations that met a matching grant of \$6,000. We are deeply grateful to everyone who contributed. Praying with ideas from Hymn 3 in the Christian Science Hymnal, this gratitude for Christian Science nursing in Michigan causes us to 'blossom, empowers us, is a pure angelic presence, is proof that we love and bless all.'

The Christian Science Visiting Nurse Service for Michigan needs your continued donations to help us provide Christian Science nursing service in our state. Please visit our web site at www.csvnsm.org to contribute electronically or mail a check to our business office.

Did you know another way to support us is to use Amazon.com's 'smile' function? Just go to smile.amazon.com and choose The Christian Science Visiting Nurse Service for Michigan as your preferred charitable organization. Then, when you shop on smile.amazon.com, a percentage will be donated to us! It's that simple. Thank you for all the lovely prayerful and practical support. We're so grateful to serve you!

Attention Readers & Clerks!

SUGGESTED ANNOUNCEMENT FROM THE DESK to be read once a month:

The Christian Science Visiting Nurse Service for Michigan has nurses available 24/7. You can find out more information about Christian Science Visiting Nurses in Michigan at csvnsm.org or call 517-582-0575. We are ready 24/7 to support you with Christian Science nursing!

Visiting Christian Science Nurse Service
for Michigan

P.O. Box 702072 • Plymouth, MI 48170-9998

Return Service Requested

Non-profit Org.
U.S. POSTAGE
PAID
Plymouth, MI
Permit No. 187

Mission Statement

The mission of the Visiting Christian Science Nurse Service for Michigan is to provide in-home Christian Science nursing within the state of Michigan for those relying on Christian Science for healing.

Board of Trustees

Richard Arlen

Petoskey

Carol Nelden, C.S., President/Secretary

Central Lake

Steve Rea, Vice President/Treasurer

Plymouth

Kate Dearborn, C.S.

Saugatuck

Maegan West, C.S.

Plymouth

Natalie Wright

Farmington Hills

Business Office

Toni Nayback, Administrative Assistant

Office Phone: 734-459-5850

Email: cvsnm@gmail.com

Website: www.cvsnm.org

Address: P.O. Box 702072

Plymouth, MI 48170

Christian Science Nurses:

Jeanne Troutman

Cheryl Young

517-582-0575

The VCSNS-M is a not-for-profit, tax-exempt 501(c)(3) organization.